

Aboriginal Corporation for Community Health

ANNUAL REPORT

2023 / 2024





This artwork, by Morgan Shipway is dedicated to his grandmother - Lynette Shipway

Morgan's inspiration came from Lynette's commitment to her community.

Centre and foremost are the totems of the Quandamooka people

The dolphin (Buangan) and carpet snake (Kabul).

The circles represent her identity and the many roles she held and the mobilising force she was in the struggle for better health and services for Aboriginal people. In particular, her leadership, passion and drive which steered Yulu-Burri-Ba to the success it is today.

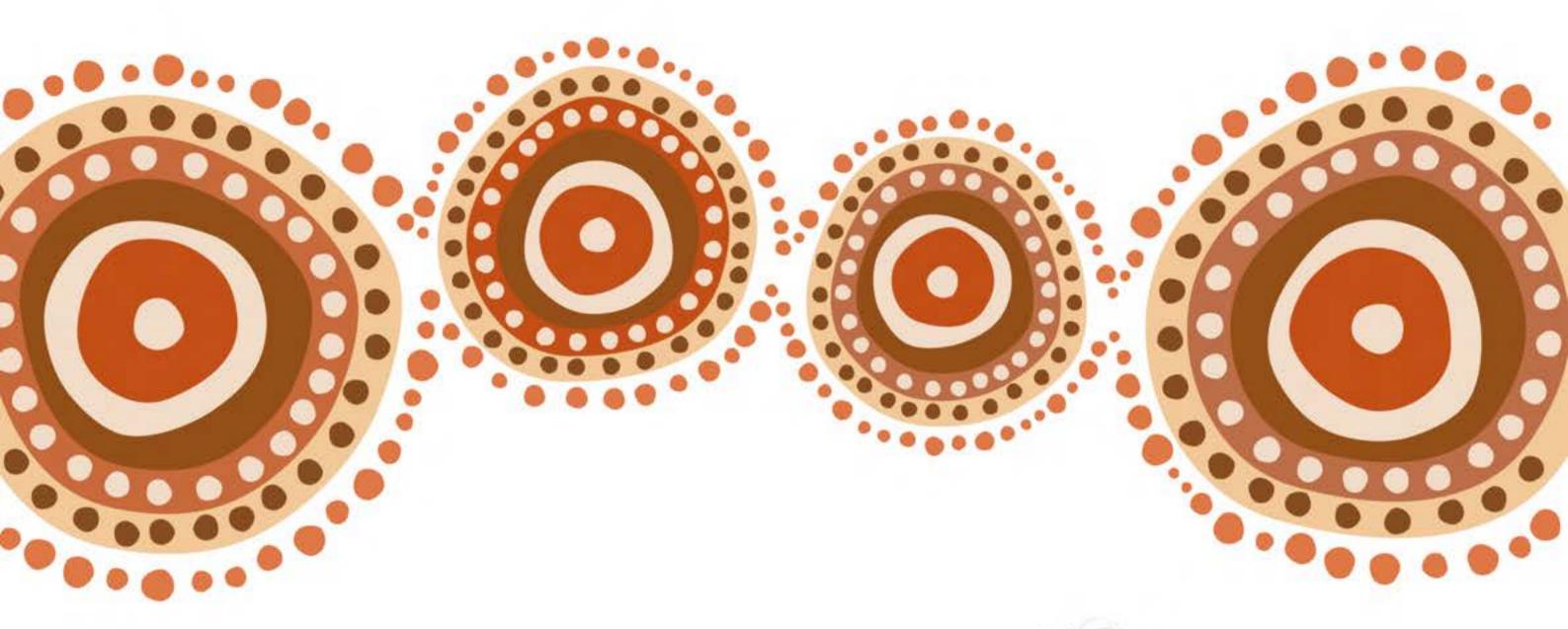
The white, yellow, red, and blue dots make up individual circles, representing the four AMS Board members (Yulu-Burri-Ba, Kalwyn, Kambu and Brisbane ATISCHS) who established IUIH in 2009. Centred in these circles are white dots that signify the 19 Aboriginal Community Controlled Health Services that Lynette helped to establish.

Acknowledgement to country

Yulu-Burri-Ba acknowledges the Traditional custodians of the Quandamooka land on which we work and for many of us, live.

We pay our respects to the Elders of this land who have provided leadership and guidance for Yulu-Burri-Ba to meet the health needs of our community.

It is with pride that we recognise the strength of our community and the voice of our youth who are our leaders of tomorrow.



In Memory

Lynette Shipway was Yulu-Burri-Ba's chairperson for 11 years and a member of the Board of Directors from July 2008 to November 2021.

Her impact on the health and wellbeing of our community will never be forgotten.





VISION

A resilient and connected community empowered by culture and committed to holistic wellness for Aboriginal and Torres Strait Islander peoples and families.



WHAT WE STRIVE TO ACHEIVE

- Service Growth and Consolidation: Expanding and integrating services for greater community impact.
- Cultural Branding: Creating a brand that reflects our values and builds community trust.
- Financial Management: Ensuring sustainability through effective financial practices.
- Organisational Development: Promoting employee well-being and collaboration within our culture.

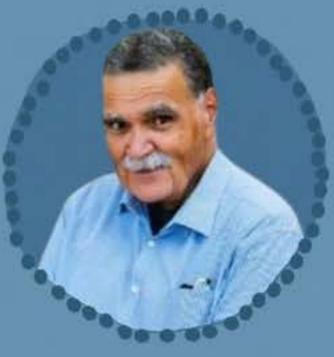


VALUES

- Cooperation: Fostering collaborative relationships.
- Respect: Upholding dignity and honoring all individuals.
- Quality: Committing to excellence in all services.
- Learning: Encouraging continuous growth and development.
- Diversity: Celebrating and embracing varied perspectives.
- Culture: Valuing cultural heritage and community identity.
- Safety: Ensuring cultural safety for children and families.



OUR BOARD OF DIRECTORS



Greg Egert-Chairperson

Greg, known as Uncle Cheg, has dedicated over 40 years to community health and education. He serves on the Board of Directors for the Institute of Urban Indigenous Health and has built a strong relationship with the Murri school for the past 20 years. Currently, he is the Elder and Manager at the Australian Research Council Centre of Excellence for Indigenous Futures at the University of Queensland.

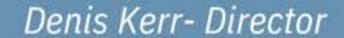
Maureen Myers- Director

Maureen and her team campaigned for sustainable health services in Dunwich for many years. She has been on the Yulu-Burri-Ba Board of Directors for over 30 years and was recognised as a QAIHC Hall of Fame recipient in 2016 for her contributions to Aboriginal community-controlled health..



Sylvan Borey-Director

Sylvan holds an associate degree in Indigenous Professional Practices and has over 30 years of experience in Aboriginal organisations and Queensland Health, working to improve health and well-being for Aboriginal people.



Denis is an Independent Board Director and Treasurer at Yulu-Burri-Ba, offering expertise in corporate governance and finance. He is also the Group CEO of ABT Group, a leader in IT business technology solutions..





Jody Coghill- Director

Jody has worked for many years in a variety of government and non-government Aboriginal organisations. She is a former Yulu-Burri-Ba employee and now owns a successful business on the island. Jody brings a wealth of health, finance and community knowledge and experience to the Board.



Nyaree Mewett, a Quandamooka woman, has extensive experience in the health sector and brings a strong focus on governance and culture to Yulu-Burri-Ba's Board.

As a Director on the Parole Board Queensland, she is committed to advancing opportunities for Aboriginal people. Nyaree holds a Graduate Certificate in Business, a Diploma of Community Services, and Cert IVs in Mental Health and Small Business.



MESSAGE FROM THE CHAIR

I am pleased to present this report on Yulu-Burri-Ba's progress and achievements over the past year. Our collective efforts have led to significant advancements in our vision to have a strong and connected community, empowered by culture and embodied by holistic wellness.

This year Yulu-Burri-Ba celebrated 30 years of incorporation and 40 years meeting the health needs of people living on Quandamooka country. This anniversary is not just a reflection of our past achievements but also a moment to look forward with optimism and determination.

Over the past three decades, we have navigated challenges and embraced opportunities, all while steadfastly serving our Aboriginal community. The increased demand for our services, and the extent of the services we now provide, speaks volumes about the trust and reliance placed in us. It is a testament to the hard work of our staff and impact we have made and the need for our continued growth and innovation.

As we look to the future, it has become clear that the demand for our services continues to grow. To better serve our community, we are actively exploring additional space that will allow us to expand our programs and reach more Aboriginal and Torres Strait Islander people living in our community. This initiative is crucial for accommodating our increasing participant numbers and providing a safe, welcoming environment where our community can thrive.

This year, we developed a new Yulu-Burri-Ba Strategic Plan 2024-27. This gave us an opportunity to reflect on the successes and challenges over the past few years.

Our strategic vision reflects our aspirations for the future. Areas of focus going forward include engaging more with our community, increasing access to care, growing our workforce and enhancing our systems and governance.

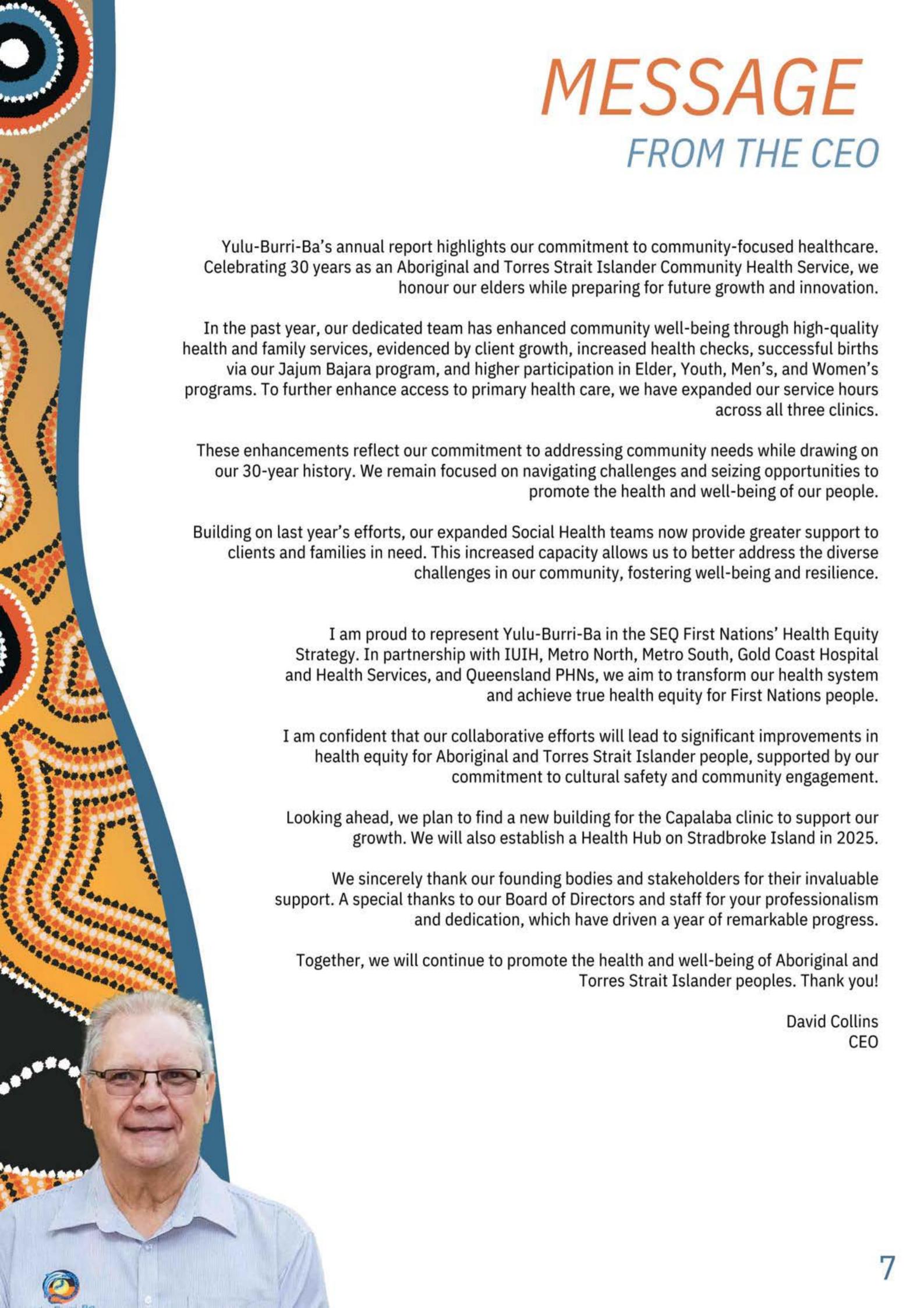
I would like to extend my heartfelt thanks to our partners, whose unwavering support has been instrumental in our success.

I would like to take this opportunity to extend my gratitude to our CEO, David Collins, whose visionary leadership has been instrumental in guiding us through this journey. To our exceptional staff, you are Yulu-Burri-Ba's backbone. Thank you for your unwavering efforts and for embodying the values we stand for.

In conclusion, I am proud of what we have accomplished this year and excited for what lies ahead.

Greg Egert Chairperson





2024 - A YEAR OF CELEBRATION

Yulu-Burri-Ba Aboriginal Corporation for Community Health was incorporated on the 12th of May 1994 (30 years ago), but health services on the island commenced back in 1984.

Forty years ago, in response to the advocacy and support of the Quandamooka people of North Stradbroke Island, the Brisbane Aboriginal and Torres Strait Islander Community Health Service (ATSICHS) launched the inaugural health services on the island. This outreach initiative commenced with one doctor and one nurse providing care on a weekly basis. As demand for services increased, more permanent healthcare facilities were established, subsequently managed by the North Stradbroke Island Aboriginal and Islanders Housing Co-Operative.

The community swiftly recognised the importance and necessity of a locally controlled, standalone Aboriginal health service. This growing demand culminated in the incorporation of Yulu-Burri-Ba Aboriginal Corporation for Community Health in 1994.

On Friday, May 10, 2024, the North Stradbroke Island and Quandamooka community gathered with great pride to celebrate two significant milestones: the 30th anniversary of Yulu-Burri-Ba's incorporation and the 40th anniversary of community-controlled health services on the island. This momentous occasion highlighted the enduring commitment to culturally appropriate healthcare and the collective efforts of the community in promoting health and well-being over the decades.

Since the establishment of the first clinic in Dunwich Hall, the range of services available to the Aboriginal and Torres Strait Islander community on North Stradbroke Island and the southern bayside has significantly expanded. Initially focused on primary health care, the offerings now encompass a comprehensive array of services, including dental care, family well-being programs, Birthing in Our Community initiatives, Deadly Choices, women's and men's groups, youth programs, and support for foster and kinship care. This evolution reflects a deep commitment to addressing the diverse needs of the community and enhancing overall health outcomes.



Celebrating Our Anniversary With Our Staff and Community



OUR SERVICES



Psychology



Aboriginal Health Workers



Care Coordination



Nursing Services



Pathology



Social Health



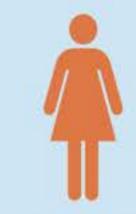
Transport



Vaccinations



Dental



Womens Health



Preventative Health Checks



Family Wellbeing



Chronic Disease Management



Smoking Cessation



Immunisations



OUR PROGRAMS















Kinship and Foster Care Program

Mens Group









VISITING HEALTH SERVICES



Accredited Exercise Physiology



Audiology



Cardiologist



Speech Therapy for Children















WHAT MADE US PROUD

30 years of serving our community in Aboriginal Health

Deadly Choices joining our Yulu-Burri-Ba team

our programs

Increasing

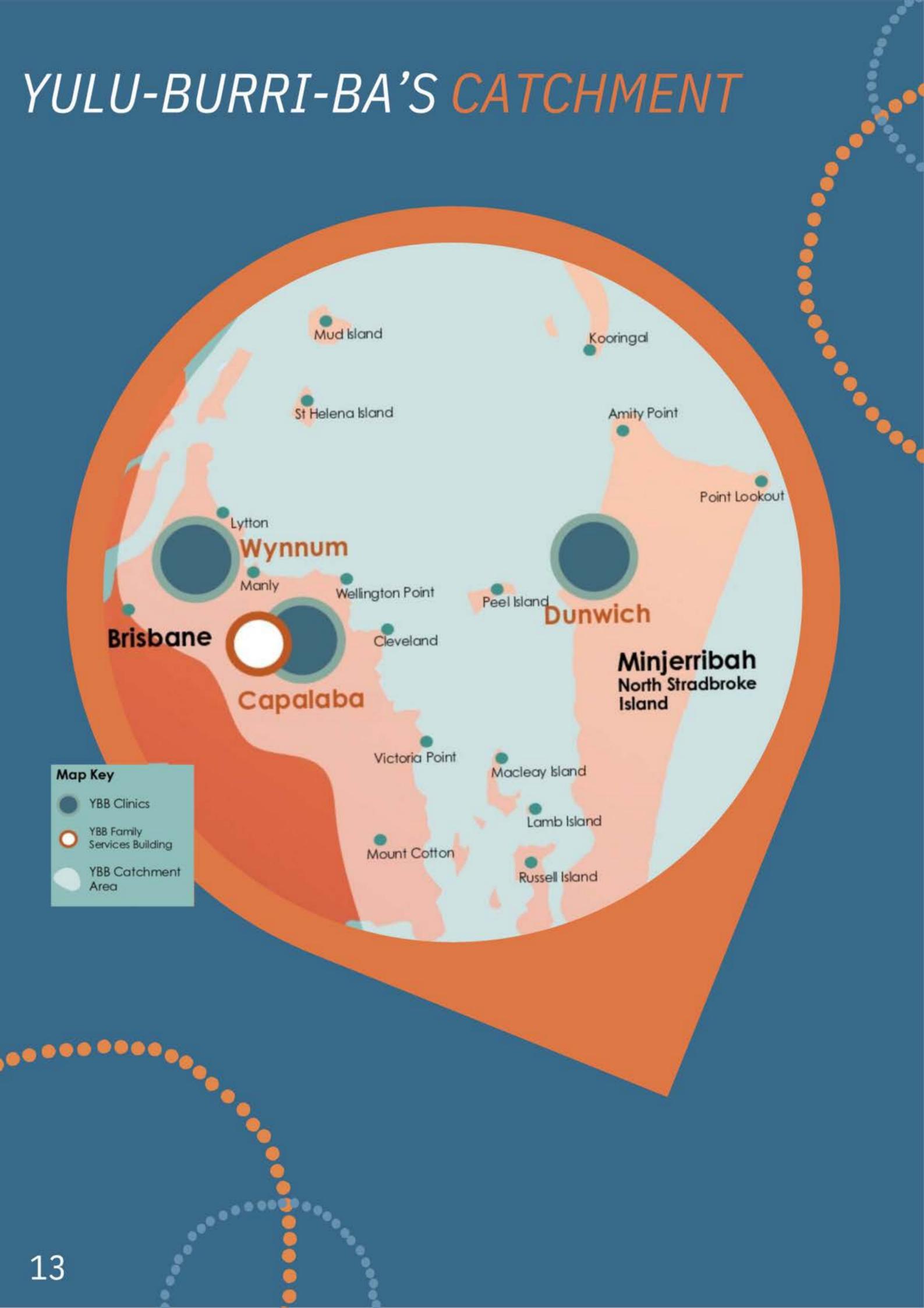
community

engagement in

SEQ First Nations' Health Equity Program.

Commenced training the next generation of Allied Health Assistants with high school students

Increasing our access to care and growing our workforce



SMO REPORT

This year, the GP team has dedicated itself to meeting the needs of YBB and our community. We've extended clinic hours: Capalaba clients can now book appointments from 8 AM to 6:30 PM, Monday to Friday, and every Saturday, while Wynnum offers a full Saturday clinic, and Dunwich has a monthly Saturday service. This progress is due to the support of our clinic teams and Practice Managers.

To maintain high standards in clinical training, all eligible GPs have become accredited RACGP Supervisors and attended workshops on best practices for supporting GP Registrars. Many former Registrars stay with us post-fellowship, strengthening our workforce and ensuring continuity of care.

Throughout the year, the GP team has shown remarkable solidarity, providing care amidst challenges such as exams and illness. Your commitment to each other and our patients is commendable and greatly appreciated.

The YBB GP team continues to thrive, attracting GP Registrars and new GPs dedicated to holistic, patient-centred care.

This year, we welcomed Dr. Alison (NSI), Dr. Ayesha (Cap), Dr. Veronica (Cap), and Dr. Nerissa (Wyn until May), followed by Dr. Laura (Cap), Dr. Joanna (Cap), Dr. Josh (Wyn) in January, and Dr. Myora (Wyn) in July. Each has integrated well into our community while addressing local needs.

YBB is distinguished by our collaborative approach to community needs. I am proud of our dedicated GP team and look forward to further enhancing our services and maintaining high standards of care.

Dr Claudia Collins

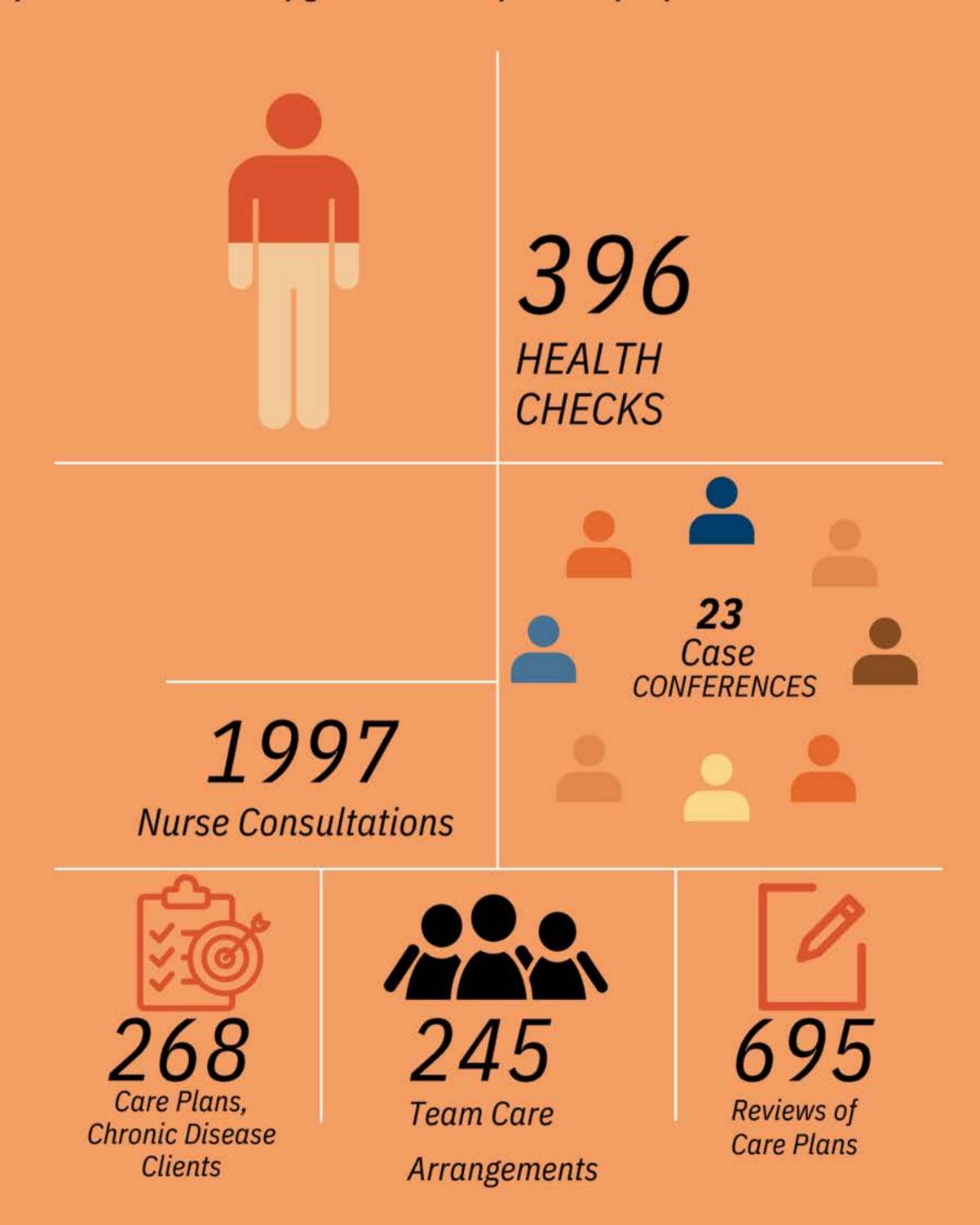


DUNWICH ACHIEVEMENTS

Our Dunwich clinic continues to provide essential health services to the island community, fostering strong relationships with clients and stakeholders. We actively monitor community needs and, in the past year, introduced a monthly Saturday clinic, allowing clients who work or study on the mainland to access our GPs outside their commitments.

This initiative underscores our dedication to enhancing service accessibility and supporting the health of our community.

Lastly, a note from the Practice Manager – Tia Kaden "I am so grateful to have such a deadly and supportive clinic team. Each one of the Straddie team is so committed to working in this community and it shows how they go above and beyond every day".



CAPALABA ACHIEVEMENTS

Our Capalaba clinic is experiencing significant growth, seeing an increasing number of clients. We appreciate the trust and support of our clients, which has facilitated the expansion of our services.

To maintain the highest quality of care and reduce appointment wait times, we have implemented extended hours: the clinic is now open from 8 AM to 6 PM Monday to Friday and 8:30 AM to 4:30 PM on Saturdays.

We remain committed to prioritizing our clients' health and well-being, ensuring that their access to medical care is as seamless as possible.









WYNNUM ACHIEVEMENTS

The Yulu-Burri-Ba Wynnum clinic provides comprehensive healthcare to our community, and we are proud of our achievements over the past year.

In response to feedback, we have expanded our Saturday clinics from monthly to weekly, enhancing accessibility for clients with work and school commitments.

We also conducted several late-night flu clinics to facilitate vaccination.

We are actively strengthening partnerships by participating in community events with Queensland Health, IUIH, and Wynnum Manly Juniors, promoting preventative health.



877
HEALTH
CHECKS

123
Aboriginal Health
Worker Consultations

2478

Nurse Consultations







213 Team Care

Arrangements



318

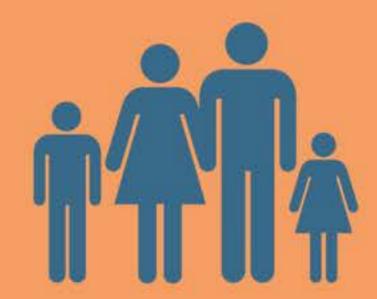
Reviews of Care Plans

FAMILY WELLBEING SERVICES

Yulu-Burri-Ba offers targeted family well-being interventions for Aboriginal and Torres Strait Islander families in the Capalaba, Cleveland, and North Stradbroke Island catchment areas who are facing challenges. Our services include care coordination, counselling, and family mentoring, aimed at supporting families in overcoming difficulties and enhancing their overall well-being.



86Families
Supported



239 Children Supported



SOCIAL HEALTH

Yulu-Burri-Ba's Social Health program enhances the capacity of individuals and families to improve their well-being through targeted, case-managed services and evidence-based therapeutic treatments.

Our dedicated Social Health team supports clients facing mental health challenges, relationship difficulties, and various social issues, including substance abuse, homelessness, domestic violence, and access to community resources. We are committed to providing comprehensive assistance to help clients navigate these challenges and improve their overall well-being.







FAMILY SERVICES ACHIEVEMENTS

Enhanced Adult Psychiatry Services

Expanded Youth Services

Decreased Vait Times for Families

> Expanded Pediatric Services



Record number of families supported

Enhancement of Early Intervention Services

Established
Parenting
Support Groups

Delivering more Social Health services

JAJUM BAJARA

In collaboration with Redland Hospital, Yulu-Burri-Ba's Jajum Bajara program is dedicated to enhancing health outcomes for Aboriginal and Torres Strait Islander mothers and their infants. The initiative aims to develop culturally appropriate programs that strengthen connections to health, culture, and country.

The Jajum Bajara program includes:

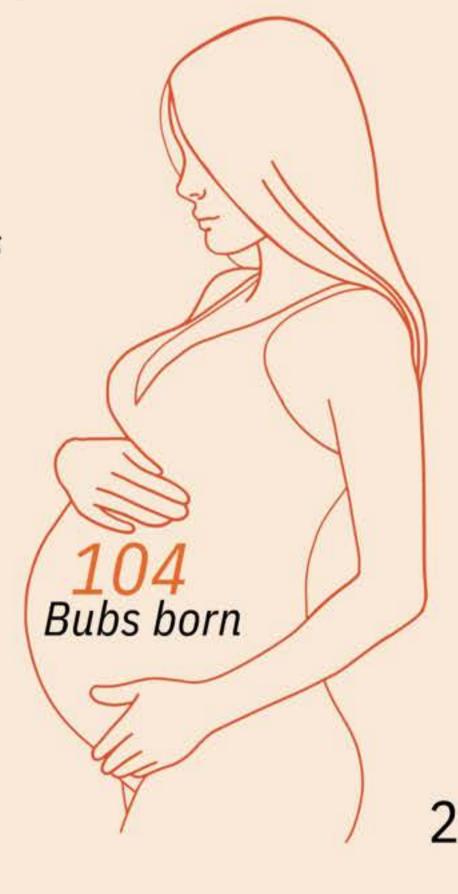
- Midwifery Services: Comprehensive support throughout pregnancy, birthing, and the postnatal period, ensuring culturally sensitive care.
- Indigenous Family Support Practitioner Services: Dedicated assistance for expectant mothers, providing guidance and resources during pregnancy and beyond.
- Community-Based Hubs: Safe and welcoming spaces where families can access services and engage in activities that foster connection and support.

These components are designed to enhance the well-being of Aboriginal and Torres Strait Islander families, promoting both health and cultural connection.

Newly Introduced

- Playgroup a great space for mums to connect with other mums.
- Deadly Fit Mums to ensure mum stays fit and healthy.
- Antenatal classes to ensure our mums have a safe pregnancy and we have healthy bubs.
- Support worker access to allow immediate support and assistance to social health services.
- Dedicated child health nurses that follow up with postnatal mums and bubs at 1 and 6 weeks checks, vaccinations, health checks and lactation consulting.





KINSHIP & FOSTER CARE

The Kinship & Foster Care Program is dedicated to the recruitment, training, assessment, and ongoing support of Aboriginal and Torres Strait Islander carers. Our mission is to place Aboriginal and Torres Strait Islander children with appropriate carers, ensuring they maintain their cultural identity and preserve meaningful relationships with their families and communities.

Key components of the program include:

- In-Home Support direct assistance from our team, providing emotional and practical support tailored to the needs of carers and children.
- Training Resources guidance in exploring various training options to enhance carers' skills and knowledge.
- Child Development Insights support in understanding the unique needs and developmental stages of the children in care.
- Regular Monitoring consistent check-ins to assess and maintain care arrangements, ensuring ongoing well-being.

Through these initiatives, the Kinship & Foster Care Program strives to create a supportive environment that fosters the cultural and emotional well-being of Aboriginal and Torres Strait Islander children and their carers.





OUT IN OUR COMMUNITY

A big thanks to our CLO's and Deadly Choices teams who organised many community events

NAIDOC Day

Our clinic staff actively participates in community events such as NAIDOC, Women's Health Day, Men's Health Day, R U OK Day, and holiday programs. These occasions provide valuable opportunities to engage with the community, gather feedback, and strengthen relationships outside the clinic setting.



The Senior Games provide a competitive platform for our Elders, with weekly training sessions fostering skill development. Quarterly, Elders from Dunwich, Capalaba, and Wynnum convene to compete against one another. Furthermore, they participate in a regional competition twice a year, engaging with other member services in friendly rivalry.

Community Christmas Party

In the spirit of celebration and giving, Yulu-Burri-Ba has proudly organised an annual Christmas party for our community, fostering joy and unity as we close out the year together.





YBB Vacation Program

Yulu-Burri-Ba's vacation care program fosters a sense of togetherness and fun for our youth. Our dedicated staff take great pride in witnessing our young people enjoy themselves, while building self-confidence through various activities.



Flu clinic promotion

We held very successful flu clinics prior to winter with many of our clients getting their flu vaccination. A total of 294 flu vaccinations were given to Yulu-Burri-Ba clients during the 1-week promotion. Men's Group

The Men's Shed has been a longstanding initiative that offers a safe space for men to connect and share experiences. Over the years, the group has successfully completed various projects, including garden beds and bike repairs. Their contributions to the community are widely recognised, as they actively volunteer at numerous local events.





Women's Group

This year, our Women's Group welcomed 23 participants for activities like weaving, knitting, and painting. These sessions promote socialisation and community engagement, helping participants connect, learn new skills, and improve their wellbeing.



Wynnum Manly Seagulls Game

We're thrilled to partner with the Wynnum Seagulls and Straddie Sharks to host the Host Plus Cup games on the Island. This event is a great opportunity to engage the community and celebrate grassroots sports.

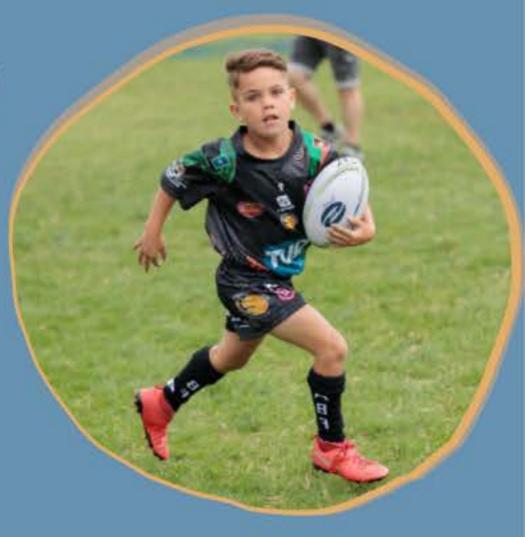


Walking Group

At Dunwich we hold twice weekly walking group sessions and weekly group sessions at Capalaba, helping our community to stay healthy and active.

Murri Carnival

The Murri Carnival is a cherished annual event that builds camaraderie and confidence among youth and seniors. It promotes physical and mental health, with Yulu-Burri-Ba sponsoring teams from our Yulu-Burri-Ba clients in the Quandamooka region.





Men's Yarning Day

25 men attended our men's yarning day to yarn about some of the health issues that affect men, including Diabetes, Bowel Screening Awareness, Mental Health and more.

DEADLY CHOICES

Deadly Choices is a comprehensive initiative aimed at empowering our Elders and young peoples to make informed health choices for themselves and their families. The program promotes key health practices, including smoking cessation, balanced nutrition, and daily physical activity.

A central component of Deadly Choices is the advocacy for regular health check-ups, specifically the 715 Health Check, which should be conducted every 9-12 months. This initiative seeks to normalize the practice of visiting healthcare providers not only in times of illness but as a proactive measure for maintaining overall health.

Furthermore, Deadly Choices emphasizes the importance of multi-disciplinary support to prevent and effectively manage chronic diseases. The program is committed to supporting both elders and youth through targeted programs and initiatives, fostering community engagement and promoting holistic well-being.

DC FIT Program
34 Participants

Tobacco Education Program

19 Participants

Healthy Lifestyles Program
12 Participants

knyo sa koo as ua yaka ilaanak

Traditional Indigenous Games

51 Participants

Good Quick Tukka Program
35 Participants



NSI YOUTH PROGRAM

After two successful years of serving the community, Yulu-Burri-Ba's NSI Youth Program has concluded. In July 2024, the Minjerribah Moorgumpin Elders in Council will carry forward their commitment to our youth through their National Justice Reinvestment Program. Yulu-Burri-Ba has great confidence that the positive impact of this initiative will continue to thrive.

17 Excursions

53 Participants

"The Youth Program has been invaluable for my daughter. It assisted her in creating and submitting resumes, opening a bank account, and obtaining a tax file number, as well as supporting her in getting her learner's permit. Beyond these practical skills, the program has positively impacted her mental health. When she faced difficult times and felt close to depression, the Youth Care Workers were always welcoming and provided a safe space for her to talk."

"The Youth Program has significantly supported both physical and mental health by facilitating access for both girls and boys to join Salt Gym.

Additionally, the program has provided assistance to adolescents navigating issues related to the criminal justice system, although we prefer to keep specifics confidential for privacy reasons."



PATHWAYS OUR WAY ACADEMY (POWA) PROGRAM

In 2023, Yulu-Burri-Ba supported the Institute for Urban Indigenous Health (IUIH) and the Mater in their pilot POWA School-based traineeship program. Aboriginal high school students enrolled in a Certificate III in Allied Health Assistance, participated in a weekly placement at Yulu-Burri-Ba, gaining essential practical experience to complete their traineeship and fostering connections within the healthcare sector.

"I enjoyed working at Yulu-Burri-Ba clinics because I got to connect with more mob and always felt welcomed. I also learnt more about dentistry while I was on placement there and got to see more of the background which was interesting because my mum was a dental assistant at Yulu-Burri-Ba."

"I liked working at Yulu-Buri-Ba clinics because all the staff were really friendly and welcoming. I got to meet new people and talk to mob and help them out with their needs. Sometimes the clinics would shout lunch so everyone would meet in the lunchroom and get some food and talk. That was always a really good way to connect with other staff members and find out more about the clinic."



HUMAN RELATIONS

I would like to take this opportunity to acknowledge the exceptional contributions of all Yulu-Burri-Ba employees. Their dedication and professionalism are truly commendable, and it is evident that our collective efforts are yielding significant results.

As our programs continue to expand, our workforce is also growing, attracting more individuals eager to join the Yulu-Burri-Ba team. This influx not only reflects our strong organisational culture but also underscores the positive impact we have within the community.

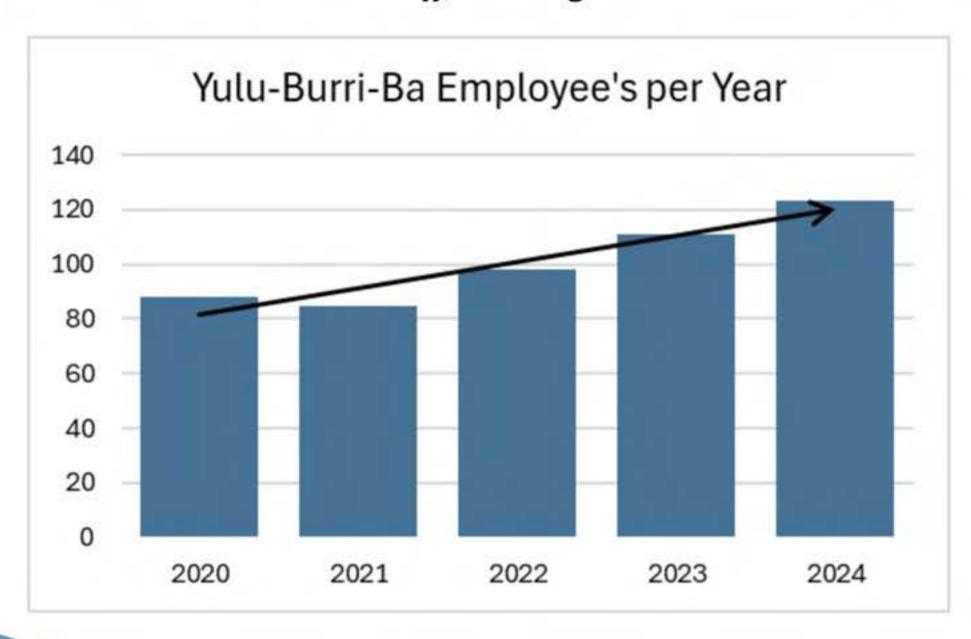
I am pleased to share that we have successfully achieved accreditation for ISO 9001:2015, RACGP, AGPAL, and ACCRM. This achievement signifies our commitment to meeting client needs and adhering to government standards, demonstrating our dedication to excellence. We take pride in maintaining the highest standards of workplace health and safety, ensuring a secure and supportive environment for all.

In support of our commitment to professional development, we are providing ongoing training and resources to equip our employees with the necessary skills to excel in their roles. Their growth is integral to our success, and we remain dedicated to supporting them throughout their professional journey.

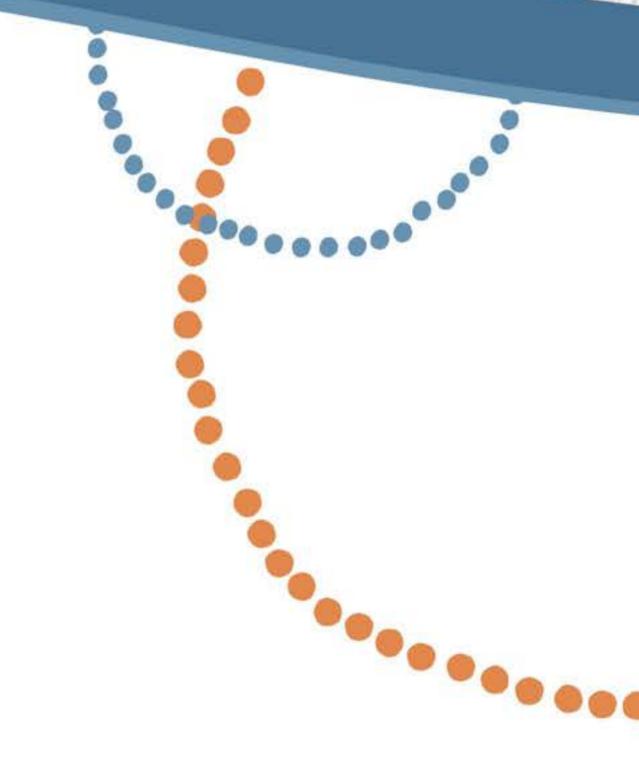
Together, we are building an outstanding workplace and making a meaningful difference in the lives of those we serve.

HR Manager

At Yulu-Burri-Ba we have 123 total staff, resulting in a 0.6% increase in the past year.



| Staff Years of Service | |
|------------------------|-----|
| 0 - 1 years | 26 |
| 2 - 3 years | 19 |
| 4 - 5 years | 18 |
| 6 - 10 years | 17 |
| 11 - 15 years | 6 |
| 16 - 20 years | 2 |
| > 20 years | 1 |
| Total | 123 |





1.9% of staff identify as having a disability



53.2% of staff identify as Aboriginal and/or Torres Strait Islander



21 Staff supported in study

Quality Control

Awarding accreditation to a health service organisation provides assurance to the community that the organisation meets expected patient safety and quality standards.

Current Accreditation













Psychology sessions provided to staff through our EAP



Reportable Workplace Health and safety incidents



Training

100%

of staff have completed their *mandatory training 100%

of staff have completed *best practice training

*Mandatory training includes CPR, First Aid, Cultural Awareness, Fire Safety Advisor training, Code of Conduct, Emergency Evacuation Drills, Hand Hygiene and Infection Control (Clinical and Non-Clinical), Patient Manual Handling, WH&S Advisor Safety Chief Warden training, Privacy and Confidentiality Training, COVID-19 Infection Control and COVID-19 training.

*Best Practice training includes Aboriginal and Torres Strait Islander Mental Health First Aid, Defensive Driving training, Food Safety training, child restraints, wheelchair procedure, Job Fit Assessments, Duress Alarm, Fraud and Anti-Corruption training, Implanon training, Respiratory training and Spirometry training.



Marketing and Communications



Newsletters Published: 4



Website Visits 240,299



Facebook 3,119 Followers 7.4k Page visits

PARTNERSHIPS

This past year we continued to develop and cultivate our many partnerships with other organisations in our region.



























































Capalaba

Shop 2&3/1
Finucane Road
Capalaba QLD 4157
Phone: 07 3900 7800
Fax: 07 3900 7899



Dunwich

16 Dickson Way Dunwich QLD 4183 Stradbroke Island Phone: 07 3409 9596 Fax: 07 3409 9417



Family Services

7A/39 Old Cleveland Road Capalaba QLD 4157 Phone: 07 3900 7870



Wynnum

85 Edith St Wynnum QLD 4178 Phone: 07 3164 5800 Fax: 07 3164 5801

