



# YULU-BURRI-BA

Aboriginal Corporation for Community Health

## Our Staff Connecting to Country...

### In this Edition

New GP Registrars!

Men's Shed Cyclone Relief!

Jajum Bajara Book Launch!

December | January | February | March 2025



Yulu-Burri-Ba



yuluburriba





## **Our Acknowledgement to Country**

Yulu-Burri-Ba acknowledges the Traditional Custodians of the Quandamooka land on which we work and for many of us, live. We pay our respects to the Elders of this land who have provided leadership and guidance for Yulu-Burri-Ba to meet the health needs of our community.

It is with pride that we recognise the strength of our community and the voice of our youth who are the leaders of tomorrow.





# CEO MESSAGE

## DAVID COLLINS

Hi all,

As an Aboriginal man who is a descendant of the Koa, Gungarri, Mardigan and Kuku-Yalalngi peoples and whose parents and grandparents are part of the stolen generations and sent to Cherbourg where I grew up, I've seen first-hand how understanding the histories, traditions, and values of Aboriginal culture can help us provide care that is respectful, empathetic, and effective.

Last week, a group of staff, including doctors, psychologists, receptionists, kinship and foster care workers, nurses, and HR professionals, stepped away from their usual roles to visit Minjerribah (North Stradbroke Island) and learn more about its rich history and cultural significance.

It was a chance for staff to connect with the stories and traditions that shape many of our clients' lives. The Minjerribah Moorgumpin Elders shared their wisdom, offering insights into how culture and history influence the community, deepening their understanding of our clients' unique needs.

This experience strengthens our team's ability to build trust, foster better communication, and deliver culturally appropriate services. It also deepens their understanding of the challenges faced by Aboriginal people, equipping them with the tools to approach care with greater sensitivity and insight. One staff member mentioned to me that she found the experience to be very educational and informative. She said that it will positively influence the way she approaches her work.

To make sure everyone in our Yulu-Burri-Ba team has the opportunity to strengthen their cultural understanding, we'll be holding more sessions throughout the year.

By prioritising cultural awareness, we're not only strengthening our team but also reinforcing our commitment to creating an inclusive environment where we can provide the best possible care for our community.

David Collins  
CEO



# Yulu-Burri-Ba Provides:

Access to a range of primary health care services to enhance the overall health and wellbeing of our clients.

 Preventative Health Checks

 Vaccinations

 Aboriginal Health Workers

 Dental

 Nursing Services

 Womens Health

 Chronic Disease Management

 Pathology

 Men's Health

 Transport

 Care Coordinations

 Social Health

Speech Therapy  
for Children

Diabetes Education

Audiology

Accredited Exercise  
Physiology

Cardiologist

Psychology

Dietetics & Nutrition

**Yulu-Burri-Ba has a range of visiting medical services to enhance the overall health and wellbeing of clients.**

Occupational Therapy  
for Children

Physiotherapy

Speech therapy for  
Adults

Respiratory Care

Podiatry

Optometry

Occupational  
Therapy for Adults



## Jajum Bajara Program

The Jajum Bajara program delivers clinical outcomes for Aboriginal and Torres Strait Islander women and babies participating in the program and continues to deliver outstanding results.

## Kinship & Foster Care Program

The Kinship & Foster Care Program recruits, teaches, reviews and supports Aboriginal & Torres Strait Islander carers. We seek to place Aboriginal & Torres Strait Islander children with the right carers ensuring they remain connected with their cultural identity and keep relationships with their families and community.

## Family Services Program

The Family Services teams help Aboriginal and Torres Strait Islander families to access culturally responsive support to improve their social, emotional, physical, and spiritual wellbeing, and build their capacity to safely care for and protect their children.

## Deadly Choices Program

Yulu-Burri-Ba aims to empower Aboriginal and Torres Strait Islander peoples to make healthy choices for themselves and their families. Deadly Choices also encourages our people to get an annual 'Health Check'.

Yulu-Burri-Ba has a range of Health programs that help to enhance the overall health and wellbeing of our clients.

Smoking Cessation



'Work it out'  
Exercise Program



Women's Group



School Holiday  
Activities



Men's Group



Senior Games



Walking Group





# SATURDAY CLINICS

OUR WYNNUM AND CAPALABA CLINICS  
ARE OPEN EVERY SATURDAY!

Our **Dunwich** Clinic is open every  
**third Saturday** of the month!

**17th** May

**21st** June

**19th** July

**16th** August

**20th** September

**18th** October

**15th** November

**20th** December

**Give our Deadly  
Receptionists a Call  
Today!**

# Can't get an **APPOINTMENT?**

Forgetting to cancel your appointment if you no longer need it, prevents someone else from being seen and means you'll be waiting longer to see your doctor again.

**In** MARCH **706** **People**

**couldn't be seen due to**

**706 DNA'S** (did not attend)

*Remember to cancel your appointment*



# Meet Our New GP Registrars!

Yulu-Burri-Ba is incredibly proud to have welcomed and farewelled many brilliant, compassionate doctors through our GP Registrar Program. We have a strong history of supporting GP Registrars who go on to work at Yulu-Burri-Ba as fully qualified General Practitioners.

Doctors such as Dr Anil, Dr Sofia, Dr Frank, Dr Mika, Dr Juliet and Dr Amy all began their careers with Yulu-Burri-Ba as GP Registrars, and we are proud to see what outstanding doctors they have become. We hope to continue this tradition in the future whenever possible.

For many years, Yulu-Burri-Ba has been providing specialised General Practitioner (GP) training through our GP Registrar Program. Our Registrars have the opportunity to work in a busy, yet supportive environment focused on improving the lives of our community.

Our GP Registrars receive an excellent opportunity to work in a dynamic, yet supportive environment that prioritizes improving the lives of the people we serve.

## What is a GP Registrar?

- A GP Registrar is a fully qualified medical doctor who has studied at university and obtained a medical degree.
- They have completed a 1-year internship at a recognized hospital, rotating through different departments.
- Following general registration with the Medical Board of Australia, they complete 1-2 additional years of training as a Resident before entering a specialist GP training program.
- In the Specialist GP Registrar training program, they undergo at least 2 years of advanced training to specialize in General Practice.
- Once GP Registrars complete their final exams, they become fully qualified General Practitioners.



## Dr Myora Stone

Practicing at our Wynnum clinic

### A Little About Me!

I'm passionate about women's, and Indigenous health, as well as skin medicine. Yulu-Burri-Ba's focus on holistic and culturally competent care aligns with my values, and I'm excited to contribute to that mission. Outside of medicine I'm a mum of two, and my family is my world. We enjoy spending time outdoors, doing family activities, and supporting each other. Balancing family life with my career is important to me, and it shapes how I approach everything in life.



## Dr Deb Toledo Flores

Practicing at our Wynnum clinic!

### A Little About Me!

I am originally from Mexico; I love cooking and running. I am a big fan of dogs, even though I don't have one myself yet. I will be working from Wynnum Mondays and Fridays and I'm excited to meet you



## Dr Eilidh Gilritchie

Practicing at our Capalaba clinic

Hello, my name is Eilidh (pronounced 'Ay-lee') and I am really excited to be a part of the team at Yulu-Burri-Ba in Capalaba. A little bit about me: I was born in Scotland but came to Australia when I was little. I love spending time with my young family exploring Quandamooka country, which I believe is the most beautiful place I have ever lived. I also love taking my dog for walks, gardening and reading. I feel very lucky to be able to work at Yulu-Burri-Ba, where I am looking forward to meeting the local community and trying my best to help in any way that I can to promote healthy and happy living.



## Dr Abhilash Sangam

Practicing at our Wynnum clinic!

### A Little About Me!

I am a keen motorcyclist, travel fanatic and passionate about saving the wild Royal Bengal Tigers. I will be working at the Wynnum clinic and look forward to meeting you there.







# MEN'S SHED

*Supporting Residents in the Wake of Ex-Tropical Cyclone Alfred*

**In times of crisis, it's the strength of community that makes all the difference.**

**Yulu-Burri-Ba's Men's Shed, a dedicated group of local volunteers, was quick to spring into action, after ex-Tropical Cyclone Alfred, offering invaluable support to those in need. Their hard work and tireless efforts played a key role in helping residents, prepare and clean up and recover from the storm's impact.**

***A big thank you to the QYAC team and Ray Penn who always lead the way in protecting and strengthening our community.***



# SENIOR GAMES FOR THE WIN!

A huge congratulations to Aunty Jane Warren for her remarkable victory in the Gold Cup for Bowling at last year's Deadly Choices Senior Games! Aunty Jane's win is a true testament to her dedication, skill, and perseverance, as she competed against other seniors from Aboriginal Medical Centres and Indigenous organizations across South East Queensland.

Aunty Jane's win serves as a powerful reminder that age and circumstances should never limit our ambitions.

The Deadly Choices Senior Games are more than just a competition; they're about staying connected, maintaining our health, and proving that we are capable of far more than we often realise.

Aunty Jane's Gold Cup win beautifully reflects these values and serves as an encouragement for all seniors to stay active, engaged, and committed to their goals.

Once again, congratulations to Aunty Jane for this outstanding achievement. Her win is a shining example of what is possible when we put our hearts and minds into what we love.





# Jajum Bajara Book Launch!

The Queensland State Library project was funded through the Ash Barty Foundation. Ash Barty is an ambassador for the Queensland Government's First Five Forever Program.



Margie Grenfell and Helen Leyendeckers



Keisha Leon, Rycille Tighe, Aunty Sharon Mirri-Bell and Kym Brownsey

The Queensland State Library provided three workshops to engage the creative talents of our mums and bubs to create the pictures and themes to the book within the culturally safe environment of our Friday playgroup sessions at the Redlands Integrated Early Years Place.





The Jajum Bajara Team, Yulu-Burri-Ba Management and Playgroup families came together for the Book Launch held Friday 28th March, 2025 at the State Library.

Shantelle Williams, Julie Dixon, Margie Grenfell, Helen Leyendeckers and Kym Brownsey

Aunty Maroochy Barambah did a beautiful Welcome to Country, a Cultural Performance was held by Aunty Sharon Milli Bell and the Storybook was read by the Jajum Bajara Team.



Margie Grenfell, Aunty Maroochy Barambah and Kym Brownsey

Indigenous Insight: Aunty Sharon Mirri-Bell





# Why Do I Need a Health Check?

They are Important!



Identify whether you're at risk of any illnesses or chronic conditions!



Help make sure you are getting the medication and care you need!



Remember its **your** appointment! so ask your doctor about **anything** you're worried about or need help with!





# Flu Vaccines!

**BOOK IN FOR YOURS NOW**

**Get a free...**



**Bouncy Ball**



**Fan**



**Bucket Hat**



**Tote Bag**

## After Your Vaccine!

*Please note: Incentives vary by location  
contact your clinic for availability*



# WHAT'S COMING UP?

CHECK OUT OUR  
FACEBOOK & INSTAGRAM  
FOR UPDATES!

 Yulu-Burri-Ba

 yuluburriba

**Sunday 11th** Mother's Day

**M**

**Sunday 18th** SEQ The Long Walk

**Saturday 31st** World No Tobacco Day

**A**

**Saturday 31st** Wynnum Seagulls vs Central QLD Capras

**Y**

**J**

Pride Month

**U**

**Tuesday 3rd** - Mabo Day

**N**

**Thursday 20th** SEQ Indigenous Senior Games Gold Cup

**E**

**Friday 15th** NSI Golf Day

**3rd - 10th** - NAIDOC Week

**Sunday 6th** - NAIDOC (Mainland) - Redland City Council

**NAIDOC (Straddie)** - Partnering with MMEIC TBC

**30th** - International Day of Friendship

**10th - 17th** National Diabetes Week

**School holiday program:**

Iron tracks- **Watch this space!**

**J**

**U**

**L**

**Y**





# **LGBTQI+** **SIGNIFICANT DATES** **OF IMPORTANCE 2025**

Yulu-Burri-Ba is strongly committed to being inclusive of all sexual orientations, gender identities and intersex variations; to ensure every member of our community feels safe, accepted and valued when they access our services and programs.

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- **26th April: Lesbian Visibility Day**
  - **17th May: International Day Against Homophobia, Biphobia and Transphobia**
  - **June: Pride Month**
  - **14th July: Non-binary People's Day**
  - **25th August: Wear it Purple**
  - **16th - 23rd September: Bisexual Awareness Week**
  - **23rd September: Celebrate Bisexuality Day**
  - **8th October: International Lesbian Day**
  - **26th October: Intersex Awareness Day**
  - **8th November: Intersex Solidarity Day**
  - **13th - 19th November: Transgender Awareness Week**
  - **20th November: Transgender Day of Remembrance**
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# *HAVE FEEDBACK FOR US?*

Scan the QR Code!

Or go to <https://www.ybb.com.au/contact/feedback>



Yulu-Burri-Ba strives to provide the best service to the community. Incorporating your feedback is an important aspect that provides us with the information we need to better our services. We take all of our feedback, whether negative or positive, very seriously.



# WHERE TO FIND US



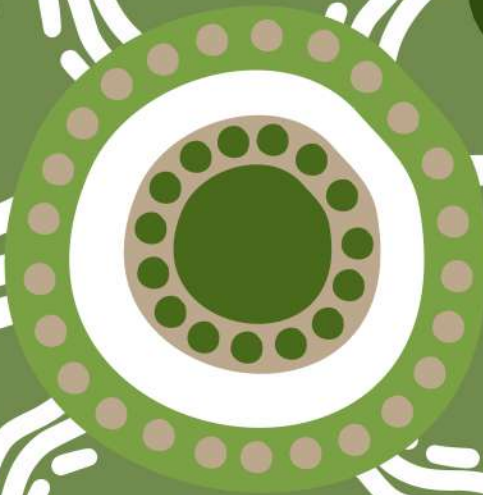
## Dunwich

16 Dickson Way  
Dunwich, QLD 4183  
Phone: (07) 3409 9596



## Capalaba

Shop 2&3/1 Finucane Road  
Capalaba QLD 4157  
Phone: (07) 3900 7800



## Wynnum

8 Edith St Wynnum,  
QLD 4178  
Phone: (07) 3164 5800



## Family Services

7A/39 Old Cleveland Road  
Capalaba, QLD 4157  
Phone: (07) 3900 7800



